



Current Ripples

November 2011

Headwaters UU Fellowship, 522 America Avenue NW, PO Box 1906, Bemidji, MN 56619
www.headwatersfellowship.org

November Services

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November 6: Here there is Charity and Wisdom Br. David Liedl, who is known by many as compassionate, honest and insightful, will explore the life of St. Francis, an engaged contemplative who reached out for understanding across traditions. David is a poet, musician and artist and has served many years on the Coordinating Council of Spiritual Directors International. He currently lives in Northeast Minneapolis as a member of the Third Order Regular Franciscan community.
Coordinator: Barb Houg

November 13: My Week with Thich Nhat Hanh Barb Houg will weave together Dharma talks by Thich Nhat Hanh and her own experiences in a retreat this past summer with this prophetic man of peace. Nominated for the Nobel Peace Prize in 1967 by Martin Luther King, Jr., Thich Nhat Hanh encourages mindfulness practice to create a more compassionate global community.
Coordinator: Barb Houg

November 20: UU Community Voices: Deeds Not Creeds HUUF member Susan Kedzie and two others (TBA) tell us about an important person in their lives who made a difference in the way they think, act or feel spiritually or intellectually. Coordinator: Susan Hauser

November 27: Super Heroes and Undercover Agents Rev. Lisa Doege: Without an authoritative sacred text or a religiously proscribed set of forbidden behaviors, where do Unitarian Universalists turn for guidance about right living? How about to the examples of every day men and women through the ages who have lived extraordinary lives?
Coordinator: Amy Rutten

Snack Schedule

11/6	Bernadette Paradis
11/13	Marcy LaCroix
11/20	Neen Lillquist
11/27	

“OWL” - Our Whole Lives

Youth Group to Start Sexuality Education Program called "Our Whole Lives" (OWL)

Headwaters Unitarian Universalist Fellowship Youth Group will be participating in the comprehensive sexuality education program called "Our Whole Lives." This program is led by the wife/husband team of Carolyn Towler and Darin Miller. Carolyn and Darin attended extensive training for this program in Lawrence, Kansas in August 2011, and are certified sexuality educators for grades 7-12. The curriculum was designed by United Church of Christ and the Unitarian Universalist Association. It is used by many denominations and secular organizations throughout the U.S. We are opening up this program to all youth in the community in grades 7-12.

If you would like your child to participate, or aren't sure, please attend the parent meeting on **Monday night, December 5, 2011 from 6 - 8 pm at Headwaters Unitarian Universalist Fellowship, 522 America Ave, Bemidji, MN.** We can reschedule the parent meeting if several are interested but cannot attend. Attendance at a parent meeting is **mandatory** for youth to attend the OWL program.

The youth will be separated into grades 7-9 and grades 10-12. The first 7-9 grade OWL youth meeting is tentatively scheduled for Sunday January 8, 2012 at 1:30 pm. The first 10-12 grade OWL youth meeting is tentatively scheduled for Wednesday January 4, 2012 at 6:30 pm. We are willing to adjust these days and times to accommodate participating families' schedules.

Please call Carolyn at 218-760-3681 or Darin at 218-368-6157 or email us at darolyn1@paulbunyan.net by **Friday December 2, 2011** if you are interested in attending the parent meeting.

Committee Reports:

Worship - Facilities - RE - Membership - Social Justice

NO REPORTS FOR NOVEMBER.

There is a vacancy in Social Justice for a chairperson. If you have any interest and availability to work and/or lead this committee, please contact Candy at mooser@paulbunyan.net.

Drum Circle

Drum Circle to be facilitated by Pete M. will be held from 6:30-8:00 (a way to remember this earlier time is that it is set so that kids can attend and get to bed) on Thursday, November 17 at 522 America Ave, Unitarian Universalist church in the lower level

Free will offering for rent.

Coordinators -Pete McDonnell and Neen Lillquist.

Consciousness Expansion

Second Tuesday, November 8, from 7-8:30 at Claudia and Joe Russo's residence, 704 Woodland Ave on Lake Irving--take Irving Ave over the hump bridge and follow it around the lake to Woodland Ave. One focus will be sharing of coincidences. Neen Lillquist

Prairie Star District News

Annual Conference 2012 - Lessons from War and Peace

War is like the elephant in the room that nobody wants to talk about. As Unitarian Universalists, we can agree that we all want peace and we all need to support our troops and their families, but we may feel very differently about war itself. Is war ever justified? What can we learn from those who have experienced it? Can we wage peace instead?

We invite you to join us for a deeper exploration of the costs of war, how to heal from it, and how we, as people of faith, can become instruments of peace in our everyday lives. PSD Annual Conference 2012: *Lessons from War and Peace* will be April 13-15, 2012 in Bloomington, Minnesota. More information at <http://www.psduua.org/drupal/AnnualConference2012>. Workshop selections will be posted by mid-November.

Coming Webinars

Registration is open for these free online workshops. To participate all you need is high speed internet access and a separate phone line.

Human Resources in the Congregation

Tuesday, November 8, & Monday November 14

Budgeting for the Small Congregation

Thursday, November 10, & Tuesday, November 15

For more information and to register, see:

<http://www.psduua.org/Workshops/FutureWorkshops>

Upcoming Events

Food Shelf. Ongoing - don't forget to save your "Our Family" labels for the Food Shelf. The Food Shelf is able to redeem 500 labels for \$25. If all of us save labels, the dollars will accumulate rapidly.

Consciousness expansion. November 8th 6-7:30 pm at Claudia and Joe Russo's residence, 704 Woodland Ave on Lake Irving—and recurring the second Tuesday of each month.

HUUF Concert. November 12th, Brian Miller and Randy Gosa - Lumberjack songs.

Fall congregational meeting. November 13th.

Drum Circle. November 17.

HUUF Concert November 12th @ 7 PM

Minnesota Lumberjack Songs-Irish & Scottish Music from the North Woods with Brian Miller and Randy Gosa

Singer and guitarist Brian Miller (Bua, Two Tap Trio, The Gaels) and banjo and mandolin whiz Randy Gosa looked deep in to Minnesota's history and found a rich store of folk songs that were sung by Irish-Americans who logged the north woods in the late 1800s. Brian, who grew up in Bemidji, and Randy, himself from southeastern Wisconsin, perform this fascinating and entertaining Irish music and bring to life the unique Midwestern story behind it. More details are at www.evergreentrad.com

"...the most fun thing at [the Milwaukee] Irish Fest this year"
 -- Erik Carlson, "A Feast of Irish Folk" WHPK Chicago
 and
 "Through stories and songs, Brian Miller brought Minnesota's
 early logging days to life" - Long Prairie Leader

7 pm Saturday, November 12
 522 America Ave, Bemidji
 \$8 Advance tickets
 \$10 Day of concert

HUUF members and friends are invited to a fall concert hosted by our fellowship. Please plan to attend, and be sure to invite others in the community. If you are interested in helping with the concert by providing refreshments or taking tickets, being a roadie for the performers, or helping to promote the concert, please let Dawn Heutte (dheutte@msn.com) or Tricia Andrews know. We welcome your assistance! To reserve your tickets, please contact Tricia Andrews at 218-444-8936 or andrews@paulbunyan.net.

HUUF Leadership Team		HUUF Board of Directors	
<u>Worship</u>	Susan Hauser Amy Rutten	<u>President</u>	Candy Roberts-Salter
		<u>Past President</u>	Luke Rutten
<u>Facility</u>	Candy Roberts-Salter	<u>Secretary</u>	Carol Swenson
<u>Aesthetics</u>	Marlon Davidson		
<u>Membership</u>		<u>Bookkeeper</u>	
<u>Caring</u>	Jules Ruby	<u>Assistants</u>	Neen Lilquist
<u>Stewardship</u>	<i>Task Force</i>		Carole Haas
<u>Website</u>			Carol Swenson
<u>Calendar</u>	Carol Swenson		Jess Robertson
<u>Newsletter</u>	Carol Swenson		
<u>Religious Ed</u>	Gen Radniecki-Hayle	<u>Trustees</u>	Darin Miller
			Bernadette Paradis
			Tom Heutte
<u>Social Justice</u>			

Seek Truth, Practice Love, Celebrate Life !