

# Current Ripples

## March 2010



Harbinger of Spring, D. Kuklinski

### Headwaters UU Fellowship March Services

#### March 7: "Overburden: Modern Life on the Iron Range"

What's it like to be a blogger in a place where most people still don't use the internet? What do you do when you love where you're from but see an outside world full of possibilities? How can you shape the future when the people of your town can't stop talking about the past? In stories that range from the global to the deeply personal, earnest to humorous, light to bold, Aaron Brown seeks to share the story of his people and family while charting the history and future of the Iron Range and places like it. Brown is a fifth generation Iron Ranger, currently helping raise the sixth generation of Browns on the Iron Range. A columnist and past editor for the Hibbing Daily Tribune and regular commentator for KAXE radio, Brown has worked in northern Minnesota media since he was 16. He now teaches at Hibbing Community College and runs a blog (MinnesotaBrown.com) from his home in rural Bovey. Coordinator: Candy Roberts

#### March 14: "Songs for a Small Planet"

Peter Mayer writes songs for a small planetsongs about interconnectedness and the human journey; about the beauty and the mystery of the world. Whimsical, humorous, and profound, his music breaks the boundaries of "folk", and transcends to a realm beyond the everyday love song, to a place of wonder at the very fact of life itself. Join Peter as he reflects in words and music upon the beauty, mystery and wonder of our place in the world. Coordinator: Terry Anderson

#### March 21: "Compassionate Communication"

The Schoolcraft Learning Community STAR Team (6<sup>th</sup> and 7<sup>th</sup> graders) will share with us some techniques for communicating our feelings and needs while actively listening to and regarding the needs of others. Coordinator: Barb Houg

#### March 28: "By What Authority?"

Without a creed or single, definitive holy text, by what authority do Unitarian Universalists preach, teach, and claim their values and beliefs? Presenter Lisa Doege will examine this question. Currently serving as consulting minister to Nora Unitarian Universalist Church in Hanska, Minnesota, the Reverend Lisa Doege has nearly twenty years experience serving congregations in Minnesota, Indiana and Texas. Her professional interests include narrative theology, preaching, and UU women's history. Lisa looks forward to returning again to Headwaters UU Fellowship, one of the congregations that helped launch her. Coordinator: Karen Kimbrough

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### Services

Headwaters UU Fellowship  
(HUUF)  
Sunday Services  
10:00 am  
522 America Avenue NW  
Bemidji, MN

### Contact Us:

PO Box 1906  
Bemidji, MN 56619  
[www.headwatersfellowship.org](http://www.headwatersfellowship.org)

## HUUF DATES

### March

#### Meetings, etc.

March 7, 9 am  
Green Sanctuary Team

March 7, 11:20 am  
Social Justice Committee

#### Mailboxes

There are now mailboxes for the Board members, RE Director and Committee Chairs labeled just to the right of the basement door. These can be used for your convenience to pass along information. There are also expense forms on the bottom shelf when you need them.



#### Rattle your Drum...

Drum Circle gathers on Weds., March 10, 7 pm at HUUF

## HUUF Night at the Movies!

**Friday, March 19th, 7:00 pm at HUUF**

Movie TBA. Contact Sue Nokleby if you have any suggestions.

## HUUF Concert Series Peter Mayer

**Saturday, March 13, 8 pm  
at HUUF**



Singer-songwriter Peter Mayer of Stillwater, MN will perform at Headwaters Unitarian Universalist Fellowship, 522 America Ave NW, on Saturday, March 13 at 8 pm. Tickets are \$16 in advance or \$20 the day of the concert and are available at Brigid's Cross Irish Pub or at [andrews@paulbunyan.net](mailto:andrews@paulbunyan.net) or 444-8936.

Peter Mayer writes songs for a small planet—songs about interconnectedness and the human journey; about the beauty and the mystery of the world. Whimsical, humorous, and profound, his music breaks the boundaries of "folk", and transcends to a realm beyond the everyday love song, to a place of wonder at the very fact of life itself.

Peter Mayer performs all over the country – it is pretty exciting to have him in our neck of the woods. Seats are limited, and advance purchase is recommended. Feel free to contact me if you have any questions or would like more information. Thanks very much – Tricia Andrews 444-8936 or 766-8492.

Mayer has gradually gained a dedicated, word-of-mouth following, selling out shows from Minnesota to Texas, New England to California. He has eight CDs to his credit, and has sold over 50,000 of them independently.

## Social Justice Committee Update

Karen Kimbrough  
Chair

**Why Social Justice is Important:** "We feel a responsibility as a religious community to stand up for people who are oppressed, to speak out for equality, and to safeguard the Earth. It is impossible to separate our faith from the social and political movements of the years" -- UUA.

The UUA's Social Justice Calendar for March:

<b>8:</b> International Women's Day	<b>22:</b> <a href="#">World Water Day</a>
<b>19:</b> Anniversary of Iraq War	<b>28:</b> <a href="#">Earth Hour</a>
<b>20:</b> Vernal Equinox	<b>30:</b> Passover
<b>22:</b> Sex Education Advocacy Call-In Day	

The HUUF Social Justice Committee has scheduled the following to coincide with these observances:

- 🗓️ March 8th: 6 pm at HUUF, pot luck "Women's Gathering" to celebrate International Women's Day
- 🗓️ March 19th: Gathering for Peace; They're not Home Yet! Anniversary of the Iraq War, at HUUF, 7 pm
- 🗓️ March 22nd: Make your own rain barrel, 6 pm, at HUUF (this workshop is pending finding the materials and a teacher) to celebrate World Water Day
- 🗓️ March 28th: It's Earth Hour, so bring your oil lamps, crankable lights, or safe candles and your favorite board games and card games at 7 pm because at 8:30 pm the lights go out for an hour while we play! or while you drive home for the younger kids who have school the next day.
- 🗓️ There will possibly be a Seder Supper to celebrate Passover, but a date hasn't been chosen yet.

The Soup Kitchen in Nymore really needs our help! Children are welcome to work in the dining room. They may help serve cold food and/or drinks, set up dishes, clean up, play with/read to children that come to eat. This is a great family opportunity for us to give back to our community and help those less fortunate than ourselves. HUUF will be choosing one day per month, but we are welcome to volunteer any day of the week! Please contact Karen K. if you are interested to help: 751-2289. Please attend the Social Justice meeting on *March 7th* for more information.

Please contact Karen K. if you are willing to make chili or cornbread or bake or bring snacks for the Take Back the Night event on April 23rd by 5 pm. Patty Wetterling will be the guest speaker this year!!!!

## March is Pledge Month

This is the month of our annual Pledge Drive. This very important event is what keeps us in existence to meet our goals and objectives. Just to let you know where we are as of the now, we have completed 68% of our Sundays and our contributions compared to budget are:

Operating Fund pledges	53%
Basket Offerings	37%
Capital Campaign	43%

The Board has approved a budget of \$8000 less for next year. We have paid 100% of our Prairie Star District and UUA dues and fortunately expenses have been less than budgeted.

Neen Lillquist, Treasurer



## Green Sanctuary Committee Update

Brooke Knisley  
Chair

### Seek Green. Practice Green. Celebrate Green.

#### ***Thanks for the input!***

With spring looming around the corner many of us are thinking green. It's a good time of year to think of, and look forward to the things we appreciate in the natural world, and plan our gardens for the coming season. It is also a great time to thin about our impacts to our natural world. The Green Sanctuary Program (GSP) asks us all to consider the environment much more intentionally in all that we do. On February 7<sup>th</sup> the Green Team presented the basics of the GSP to the congregation. We received a very excited and positive reaction from those in attendance. We had time to break out into groups and brainstorm some action items we would like to see considered for our committee to work on as goals, and for projects.

To become a Green Sanctuary we need to create and implement an Action Plan consisting of 12 projects within 4 focus areas. Below are ideas from our HUUF community. Please feel free to share with the Green Team any ideas, concerns, or to ask questions at [bog.trotter@ymail.com](mailto:bog.trotter@ymail.com). Spring is just around the corner, everything will be greening, growing, and changing—we have the power to create change too.

#### **Worship & Celebration:**

- Have a service outside, and host events.
- Be aware of our environment, integrate this into all our celebrations.
- Create a “green” checklist to be considered for each HUUF event.
- Green the sanctuary—put some plants inside!
- Introduce Native American tradition of respecting the Earth.

#### **Religious Education:**

- Get kids outside & in touch with the environment (2).
- Environmental book club.
- Film series.
- Field trips: local farm, etc.
- Educational opportunities to integrate sustainability into daily life.

#### **Environmental Justice:**

- Tree planting, or the like—include kids, use HUUF banner (visible to community).
- Donate local foods to the food shelf/soup kitchen.
- Work on local issues—food, energy, social justice.
- Make Earth jewelry to sell, or donate to battered women's shelter
- Work with underserved groups—reach out and be consistent.

#### **Sustainable Living:**

- Garden/green space (2); rain garden/butterfly garden, compost (2)
- Using all environmentally friendly cleaning products (2).
- Explore energy audit (3).
- Install insulated/quilted panels on windows when church not in use.
- Use timers on thermostats—reduce waste.

## Save the Date

### *A Note from Candy...*

If you see that we are low or out of any items that are needed, please write the date of when you noticed it on the list in the Kitchen labeled **Supplies Needed List**. The list includes Items such as paper and cleaning products and worship supplies. See the list for a better idea of what to report. If it's not on the list and you are not sure who to inform, write on the list and Candy will get it to the right place/person.

### Fargo Peter Mayer Concert Housing Offer

Lora Bertelson, a HUUF member living in Moorhead, has graciously offered to provide room at her house for several guests wanting to attend the UU Church of Fargo-Moorhead's Peter Mayer concert on May 1, 7:30 pm. Lora can be contacted at: [lorabertelsen@gmail.com](mailto:lorabertelsen@gmail.com) or 287-5340.

The concert is at the Fargo-Moorhead Community Theatre, 333 4<sup>th</sup> St., S, Fargo. For tickets (\$15) visit [www.fmct.org](http://www.fmct.org)

## Camp UniStar registration materials available online

Camp UniStar offers week-long programs for families, individuals, and youth throughout the summer months. The camp, which is owned and operated by Prairie Star District, is located on Star Island in northern Minnesota, near Bemidji. Information about the camp, this summer's programs, and registration information, is now online at [www.campunistar.org](http://www.campunistar.org). Programs are offered for two hours each morning. At other times of day you can enjoy great meals, boating, swimming, birdwatching, hiking, beach volleyball, table tennis, horseshoes, knitting, reading, napping, etc. Among the 2010 program leaders are Charlie Clements ("The New Human Rights") Kelli Clement & Mike Potegal ("Science & Religion: Two Ways of Seeing the World"); Sean Brown and Dan & Chiaki O'Brien ("Sailing & Weaving"), Rev. Ted Tollefson ("Walking with Thoreau"), Jim Schwartz and Bonnie Torrance ("Sailing, Tai Chi & Yoga"); Alan and Judith Hersh ("mUUSIC, mUUSIC, mUUSIC!"); Tom Larson ("Ballroom & Latin Dance"); Chris Lutter ("Spirit of the North: Masks & the Island"); Tai Mendenhall ("You, Me, & Us: Intimate Relationships"); and David Walbridge ("Comedy & Humor"). Work Week will include a special afternoon program with architects from SALA Inc., who will be helping us envision the future of Camp UniStar's property and buildings. There are also two Youth Weeks in early summer.

Applications are all treated equally until March 20, but after that there will be just a few spots available. Feel free to contact me offline if you have questions (please put UniStar in the subject line). Chris Bremer, Registrar for Camp UniStar, [bremer101@yahoo.com](mailto:bremer101@yahoo.com), 952-926-8542

## General Assembly 2010 Minneapolis, MN

June 23-27

Volunteer – and Get your Registration Free!

Want to attend the inspirational General Assembly in Minneapolis June – for free? You can get your registration free if you volunteer by submitting an application. Starting March 1, applications to volunteer at the UUA General Assembly can be made online at [uua.org/ga](http://uua.org/ga). Applications must be received at the UUA offices in Boston by March 31. Please use the application sent in your Volunteer Packet for information only. For more information, contact Mary Engelmann, Volunteer Coordinator, [mary.engelmann01@gmail.com](mailto:mary.engelmann01@gmail.com), 651-426-8948

## Dear Community Friends & Allies

The Hospitality Initiative of Servant Hearts, is a grassroots, all volunteer 501(c)(3) non-profit project started just over a year ago, in the Bemidji area. Our purpose is to create bias-free welcoming communities, to provide LGBT advocacy and education, and be an LGBT resource to other community organizations/agencies.

You are invited to join us for our first in a series of Diversity Awareness Seminars on *Saturday, April 17, 2010* 'Creating Inclusive & Welcoming Communities' 8:30am - 4:00pm ~ Bemidji State University, AIRC Seminar is co-sponsored by PFund Foundation and BSU, Social Work Program 4.5 CEU Credits Available ~ Registration Fee \$25.00.

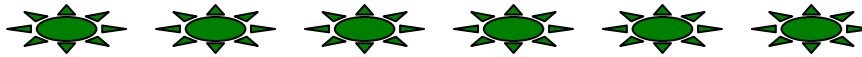
For more information, contact Cathy Perry, Programs Coordinator, Hospitality Initiative of Servant Hearts

P.O. Box 1116, Bemidji MN 56619

218-760-2415

[cathy.perry@att.net](mailto:cathy.perry@att.net)

[servant\\_hearts@att.net](mailto:servant_hearts@att.net)



### HUUF Leadership Team

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<b>Caring</b>	Jules Rubey
<b>Communication</b>	
-Website	Carol Swenson
-Newsletter	Diana Kuklinski
<b>Facility</b>	Sue Nokleby
<b>Finance</b>	Dick Lueben
<b>Leadership</b>	Jane McKelvy
<b>Membership</b>	Tricia Andrews
<b>Religious Ed</b>	Susan Kedzie
<b>Social Justice,</b>	Karen Kimbrough
<b>Green Sanctuary</b>	Brooke Knisely
<b>Worship</b>	Terry Anderson & Barb Houg
<b>Music Coordination</b>	Luke Rutten

### HUUF Board of Directors

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<b>President</b>	Luke Rutten
<b>Secretary</b>	Candy Roberts-Salter
<b>Treasurer</b>	Neen Lilquist
<b>Trustees:</b>	Roger Swenson, Darin Miller, Paul Kivi, Luke Rutten